



EST. 1994

WELCOME TO ONE OF CHESHIRE'S MOST
RELAXING AND EXPERIENCED BEAUTY SALONS

waxing nails facials massage tanning toning

NAIL CARE

“Your nails are a way to speak your style without having to say a word”

Re-shape & varnish	£18.00
Mini Manicure (30 min)	£25.00
Full Manicure, inc hand & arm massage (45min)	£30.00
French Manicure (1hr)	£35.00
Luxury Manicure / Pedicure with paraffin wax & heated mitts	£50.00
Nail Repair	£10.00

Bio-sculpture / Pro-Gel Nails

Have beautiful healthy nails that last up to 4 weeks.

Bio-sculpture / Pro-gel overlays (inc Soak Off)	£35.00
Bio-sculpture French overlays	£43.00
Bio-sculpture nail extensions	£48.00
Gel soak off & tidy	£15.00

Feet

Mini Pedicure (30mins)	£27.00
Pedicure (1hr)	£35.00
French Pedicure	£42.00
Crystal Toes	£50.00
Gel Toes	£35.00



AQUA DETOX

(45min) £30.00

A revolutionary treatment to detoxify and re-balance your whole body through the many pores on your feet. You will leave the salon either totally relaxed and chilled or buzzing with new found energy! In both cases, a good night's sleep usually follows.

REFLEXOLOGY

If you like your feet being massaged, then this is definitely the treatment for you! By applying gentle pressure to specific pressure points on the feet, you will relax and float away feeling as though you've had a full body massage.

1 Hour Session £55.00

30 Minute Session £45.00

**Book an appointment with our professional reflexologist's
Anne-Marie or Louise on 01925 604017**

EYE TREATMENTS

“Good lashes make everything better”

Lash Lift (inc.Tint)	£40.00
Eyelash Tint (Inc tint test. 30 min)	£25.00
Eyebrow Tint (15 min)	£20.00
Eyelash & Eyebrow Tint (30 min)	£32.00
Eyebrow Wax	£20.00
Eyebrow Shape	£18.00
Henna Brows	£38.00
Party Lashes (30 min)	£35.00
Hollywood Lashes (1hr 30min)	£50.00
Russian Lashes (1hr 30min)	£60.00
Lash Infill	from £30.00
Bright Eyes - Eye treatment for tired and puffy eyes (45min)	£40.00

If you are new to Inches, please request a free skin test for lash/brow tints, Henna brows and all lash enhancements at least 24 hours prior to your treatment.

FACIAL TREATMENTS

“Nature gives you the face you have at twenty; it’s up to you to merit the face you have at fifty and beyond”

Express/Teen facial (40 min) £35.00

Start as you mean to go on! Guided by our expert team on how to begin to take care of your skin wants and needs to build up a great skincare routine for young adults.

French Facial (1 hour) £47.00

This is by far our most popular in relaxing facials. With a bit of everything; Cleanse, exfoliate, hydrating mask, tone & moisturise as well as a face, neck & shoulder massage so you float out of the salon feeling like a new person!

Micro-tone Non-Surgical Facelift (1hr)

The new Micro-tone Non-Surgical facial combines microcurrent with PDT light therapy treatment to stimulate collagen and tissue repair as well as visibly reducing fine lines whilst firming the contours of the face.

Single Session - £50.00
Course of 6 - £250.00

PDT - Light Therapy Facial (1hr)

PDT or Photodynamic therapy is a skin rejuvenation facial using various different lights to achieve varying effects to the skin aiding in new cell regeneration, skin pigmentation as well as anti-aging by stimulating collagen production.

Single session - £40.00
Course of 5 - £170.00

Inches Bespoke Facials

Hydrolift Collagen Facial (1hr) £60.00

Effectively reduce the signs of ageing with this intensive treatment. Using freeze dried collagen, this unique treatment delivers an instant boost of hydration to rapidly increase the skin's ability to retain moisture. Wrinkle depth is reduced and fine lines smoothed for a refreshingly younger look.

Resurface and Peel Facial (1hr) £60.00

Ideal for mature and sun damaged skin. With vitamin A & C this professional ant-ageing skin peeling treatment acts as a gentle exfoliant to beautifully even the skin tone and reveal a radiant, youthful complexion.

HAIR REMOVAL

Waxing

Waxing is a form of hair removal that removes the entire hair from the hair follicle, resulting in the hair growing back less, finer and free from sharp unsightly stubble. A minimum of 2 weeks growth is required before your first treatment & please refrain from using any body cream before your treatment...or the wax won't stick!

Does it hurt?? We wax in small sections so it's slightly uncomfortable rather than painful. I promise you, you are in the best of hands as we have been waxing for many years.

Still not sure? Please call in or book a free consultation & the Inches team will be happy to answer any questions you have about waxing.

Half leg Wax (20min)	£27.00
Half leg Wax (Thigh, 45 min)	£30.00
Full leg Wax (45 min)	£35.00
Full leg Wax including Bikini Wax (1hr)	£42.00
Forearm Wax (20 min)	£30.00
Underarm Wax (15 min)	£15.00
Bikini Wax (15 min)	£20.00
Bikini & Underarm Wax	£30.00
Lip Wax (15 min)	£15.00
Chin Wax (15 min)	£17.00
Lip & Chin Wax	£22.00
Cheek Wax (20 min)	£20.00
Lip/Chin & Cheek Wax (30 min)	£32.00
Lip/Chin & Brow Wax (30 min)	£30.00

Electrolysis

Electrolysis is the permanent removal of unwanted hair from the face or body using a very fine needle. Unsightly hair is so easily treated and yet troubles so many ladies. Come and have a chat with Louise or Jacqui who can advise you on a great treatment plan to tackle this very treatable problem.

We offer a consultation, explaining all about electrolysis and include 5 minutes of treatment time for you to try it out and check how your skin reacts. Prices start from £20.00 and treatment price plans are available if you require more regular treatments.

Electrolysis Consultation	£35.00
10 minutes	£25.00
15 minutes	£30.00
20 minutes	£35.00
30 minutes	£45.00



SPECIALISED ELECTROLYSIS

Melia

(Millium Cyst) are white keratin deposits trapped between the layers of the skin. They're most common around the eyes, nose, forehead & chin but these annoying white or milk spots can turn up anywhere on the face or body.

These can be caused by environmental factors, lack of hydration or not looking after our skin so a good skincare routine and drinking plenty of water will help in preventing any more arriving. But, in the meantime, how can we get rid of these now?

Well, Louise has been using heat thermolysis to remove these for over 20 years. This is done via a fine needle to basically liquify and cauterise the cyst whilst creating slight trauma to the skin to encourage new cells to repair and renew the skin surface.

Book in for a free chat with Louise to discuss a treatment plan - 01925 604017
Melia removal starts from £50.00

Skin Tag Removal

Skin tags are very annoying bobbly bits of skin that appear out of nowhere, usually resulting from contact friction from clothes, collars or jewellery. You normally find them appearing under the arms, around the neck-line or around your knicker/bra-line area and can become quite sore over time.

We remove these using Thermolysis Electrolysis to cauterise the skin. This is a non-surgical, instant procedure that takes around 30 minutes. I can't tell you how pleased the clients have been to get rid of these annoying bits of skin!

Skin Tag removal starts from £70.00

Thread Vein

Thread Vein, Spider Nevi or Blood Spots are basically broken capillaries that appear as unsightly red spider like veins found usually on the cheeks, chin or around the nose. These can appear for many reasons but the most common tend to be environmental factors, dehydration and poor skin care.

Removal is done via heat thermolysis which has a cauterising effect on the capillary. The treatment causes a slight blistering effect on the skin which will heal and will disappear in a matter of weeks.

Book in for a free chat with Louise to discuss a treatment plan - 01925 604017

We highly recommend discussing a new skin care routine with one of the highly qualified Inches facial team as well as following up any heat thermolysis treatment with any of our deeply hydrating facials to prevent further Melia/Thread veins from returning... It's never too late to have beautifully refreshed and radiant skin!



BODY TREATMENTS

Give your body a little love, it deserves it!

Massage

Full body massages recharge every part of your body

Soothing and relaxing using Swedish and aromatherapy techniques combined with a full range of essential oils.

Full Body (1hr)	£60.00
Back, Neck & Shoulder (30 min)	£37.00
Neck & Shoulder (20 min)	£32.00
Face, Neck & Shoulder (20 min)	£32.00
Indian Head Massage (45 min)	£45.00
Exfoliating Back Treatment (45 min)	£45.00
Walnut and Lime Body Wrap	£70.00

Hot Stones Massage

Using a mixture of heat and pressure with smoothed volcanic basalt stones, indulge in the ultimate massage that's deeply relaxing to help dissipate pain, increase blood flow and just feel amazing.

Full Body (1hr 30min)	£70.00
Full Back (35 min)	£45.00
Face, Neck & Shoulder (30 min)	£45.00
Hot Stones Facial (1hr)	£60.00

Pro G5 Anti-Cellulite Treatment (20mins)

Getting ready for your holiday and not keen on the lumps and bumps you can see? G5 along with an anti-cellulite firming body cream will target those stubborn areas for you, leaving your skin looking visibly smoother and more shapely.

Single Session	£37.00
Course of 5	£140.00



TONING TABLES

**Come and try a FREE session of fun, supportive full body exercise.
I promise you'll enjoy it!**

Toning tables are assisted exercises that support your body frame whilst you do the work. Taylor made to suit your needs, it's a fantastic way to relax, exercise, tone up and make new friends.

Trial Session - FREE
Course of 10 - £55.00
Course of 20 - £83.00

**Call Inches today on 01925 604017
to book your FREE TRIAL**



TANNING

Give your body a little love, it deserves it!

Sunbed

Getting ready for your holidays? Build up a natural looking tan with the Zenith 71, 235 watt lie down sunbed.

3min	£4.00
6min	£6.00
9min	£8.00
12min	£10.00

Crazy Angel Spray Tan - 100% Vegan and cruelty-free

We know that our Inches ladies are all different in their own beautiful and unique way, so we love that Crazy Angel provides us with a range of tanning products to suit all skin types, tones, body shapes and sizes. No one wants to be tango'd or look like Ross from friends!

Come and have a chat with the Inches tanning team, Jacqui or Sarah to discuss the right treatment for you
- 01925 604017



PAMPER PACKAGES

Total Relax **(2.5hrs) £130.00**

Full body exfoliation, Full body massage,
French facial inc scalp massage.

Top To Toe **(3hrs) £110.00**

Manicure, Pedicure, French facial & Eyebrow Shape.

**Secure your appointment now on 01925 604017
to book your “me time.”**

OPENING HOURS

Monday – Thursday - 9.00am – 8.00pm

Friday – 9.00am – 5.00pm

Saturday – 9.00am – 2.00pm

Sunday/Bank Holidays – Closed

GIFT VOUCHERS

Treat someone special with an “Inches” Gift Voucher.
Valid for 12 months from date of purchase



Inches Toning & Beauty Studio
Established 1994
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Tel: 01925 604017



Call Louise & the Inches team
now on **01925 604017** to start
discovering the new YOU!

www.inchesstudio.co.uk



“THE STAFF ARE ALWAYS FRIENDLY AND CARING AND HAVE OVER MANY YEARS BECOME GOOD FRIENDS. THEY ARE KNOWLEDGEABLE ABOUT THE TREATMENTS AND PRODUCTS AND ALWAYS WILLING TO ANSWER QUESTIONS. I WOULD HEARTILY RECOMMEND THIS STUDIO.”

JENNIFER BRODERICK

